**Search Strategy**

Using the 'PICOS' framework (Higgins & Green, 2011), the key search terms were identified (see Table 1 below) to answer the research question 'how effective is Pyramid Club at improving the socio-emotional health of primary and secondary pupils?'. The search terms were grouped with the Boolean operator 'AND': (child* OR teen* OR pupil* OR school-age* OR adolescen* OR student* OR "primary school" OR primary-aged OR "secondary pupil*" OR "elementary pupil*") AND ("pyramid club" OR "pyramid project") AND (socio-emotional OR "mental health" OR internalis* OR resilienc* OR "social skill*" OR emotion*). PsycInfo, Web of Science, CINAHL, Medline, ProQuest and ERIC were the selected databases for this search due to the focus on education and psychology, as well as a wider scoping search on 'Google Scholar'.

Table 1. Inclusion search terms

| | Search Terms |
| --- | --- |
| Population (P) | child* OR teen* OR pupil* OR school-age* OR adolescen* OR student* OR "primary school" OR primary-aged OR "secondary pupil*" OR "elementary pupil*" |
| Intervention (I) | "pyramid club" OR "pyramid project" |
| Comparison (C) | N/A |
| Outcome (O) | socio-emotional OR "mental health" OR internalis* OR resilienc* OR "social skill*" OR emotion* |
| Setting (S) | N/A |

*Note.* This search was conducted in April 2022.

Table 2. Systematic search inclusion and exclusion criteria

| Inclusion criteria | Exclusion criteria |
| --- | --- |
| Intervention is "Pyramid Club" | Participants 15 years or older |
| Outcomes relate to socio-emotional | Participants 6 years or younger |
| development and wellbeing | Book, newspaper or magazine |
| Participants aged between 7 and 14 years | Pilot study |
| Full text available | Systematic review |
| Paper available in English | |
| Empirical, peer-reviewed study | |

Figure 1. PRISMA flow diagram (Moher et al., 2009)